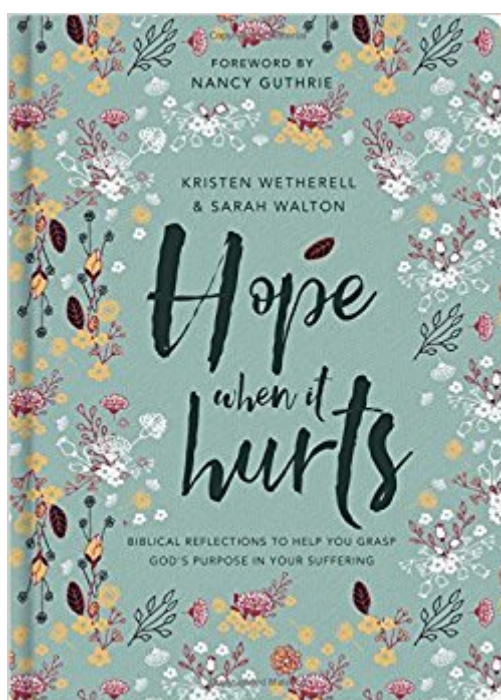


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# Hope When It Hurts - Biblical Reflections To Help You Grasp God's Purpose In Your Suffering (Cloth Over Board)



## Synopsis

Suffering is real. But so is hope. Kristen and Sarah have walked through, and are walking in, difficult times. So these thirty biblical reflections are full of realism about the hurts of life yet overwhelmingly full of hope about the God who gives life. This beautiful, cloth-bound book will gently encourage and greatly help any woman who is struggling with suffering whether physical, emotional or psychological, and whether for a season or for longer. It is a book to buy for yourself, or to buy for a member of your church or friend. For anyone who is hurting, this book will give hope, not just for life beyond the suffering, but for life in the suffering. Each chapter contains a biblical reflection, with questions and prayers, and a space for journaling.

## Book Information

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## Customer Reviews

I had not finished reading the introduction to this book before I was making a mental list of friends that I knew would find it a balm to their weary hearts. Kristen and Sarah minister to fellow travelers on the road of suffering, out of the resources they have received on their own journey, from the God of all comfort, grace, and hope. -- Nancy DeMoss Wolgemuth - Author, host/teacher of Revive Our Hearts This is a wonderful, vulnerable and honest book, and I highly recommend it to anyone who needs the good news of Jesus in a difficult time. Kristen and Sarah have suffered immensely, but both of them know that our only hope is found in Jesus. In Hope When It Hurts, they have labored to encourage our souls with the gospel, give us space to grieve our loss, and turn to the only source of real hope. I'm praying [God uses this book in extraordinary ways!](#) -- Dave Furman - Senior Pastor of Redeemer Church of Dubai; author [of Being There: How to Love Those Who are](#)

Hurting We have been told that we can do anything, to dream big, because women are strong and capable. But what happens when you are confronted with your limitations in the form of suffering? When you no longer feel strong and capable, but weak and weary? Kristen and Sarah provide hope in your desperation. They uniquely, as women from the "I can do anything" generation, speak to the discouragement that suffering can bring, and they drive us to the cross of Christ, where all of our suffering makes sense. There is much hope in this book for any weary Christian. And there is much wisdom for anyone seeking to love those who are weary and broken. -- Courtney Reissig - Author of *The Accidental Feminist* and *Glory in the Ordinary* Kristen and Sarah have let us in to listen to their meditations in the midst of pain and limitation. They've opened up their hearts, their stories, and their Word-filled words. From our various contexts, we will all learn as we listen. I'm grateful for this book's faithful call to lift up our eyes to a God of mercy who loves and saves. -- Kathleen Nielson - Director of Women's Initiatives, The Gospel Coalition Kristen and Sarah speak with fresh voices formed by their love of Scripture and their experience of walking with God through suffering. The faith and courage I've seen in them will overflow on you as you read this soothing and insightful book, giving you strength to stay the course even when you are tired of the battle. -- Colin Smith - Senior Pastor, The Orchard Church, IL; President, Unlocking the Bible If you are in the midst of suffering, or someday will be (and that means us all) you will do well to read this book. I found myself moved, reflected, and re-engaged with the truth of the gospel in the context of my own suffering and then elevated out of it to focus on what is truly important: Christ, the gospel, eternity, and pleasing him. The whole book is full of empathy, a "coming-alongside" tone, and insight for your soul. -- Josh Moody - Senior Pastor, College Church, Wheaton; author of *7 Days to Change Your Life* Hope When it Hurts isn't a collection of slogans and Christian jargon. It's biblical reflections from the heart of two women who have trusted Jesus in the hurts of their own lives. With refreshing honesty and clarity they talk about how the gospel looks from the trenches of life; never condescending, never canned, and always gospel-focused. -- Dan Dewitt - Director of the Center for Biblical Apologetics and Public Christianity, Cedarville University; author of *Jesus or Nothing* Hurt is guaranteed. Hope isn't always. In a style as comforting as a hand-delivered casserole, on pages beautiful as the message you'll find written on each page, this book will drive you to the Gospel again and again, lifting your eyes toward the only source of lasting hope. -- Keep your copy close you'll find yourself running to it again and again. -- Erin Davis - Author of *Connected* and *Beyond Bath Time* Pain is a place where hope grows best and this book will convince you of that. From beginning to end, *Hope when it Hurts* invites you to see the light of Jesus in the darkest times. I hope this book catches fire. As you turn each new page, listen for the voice of God, and you'll hear

him cheering for you. -- Karl Clauson - Radio host at WMBI; author of Thrill: When Normal Is Not Enough It's great to have a book written by people who know protracted suffering and are still in the thick of it, which shows us how to apply the gospel to our suffering so that we can persevere and also grow through it. Honest but not self-focused, the authors faithfully explain and direct us to Scripture throughout, give us words to pray based on Scripture, and encourage further reflection on biblical truth. This will be an invaluable resource to those in the midst of suffering and to those who seek to support and encourage them. I thoroughly recommend it. -- Barbara Sherwood - London Women's Convention Committee member

This journey through 2 Corinthians 4 is a primer in the theology of suffering well. It's part of my core list of books for people going through hard things, and will be gifted again and again. Sarah and Kristen give an empathetic, encouraging and challenging perspective on what God's word says about our suffering, and the hope that can be had in the midst of it. Whether you're going through physical or emotional suffering, this book is for you. It's divided into 30 short, accessible chapters that I slowly chewed through (they're densely packed with additional encouraging verses!). It's also set up to journal after each chapter, sort of like a workbook. There's a focus 2 Cor 4 verse, some reading from Kristen or Sarah, reflection questions (great for group conversation!) and prayer prompts that push the reader to apply, not just read.

I have only read the first eight chapters as I try to digest all that Kristen and Sarah have to share from their personal experiences with pain. The way they add scripture to support their points helps bring their points to life for any reader looking for HOPE in their suffering. I look forward to reading slowly the rest of the book to digest all that Kristen and Sarah have to share. A great book for a friend or loved one who is suffering, or of course for yourself. The book just gets better with each chapter.

An amazing book of insights - provides an eternal perspective for earthly sorrows.

Everyone goes through some level of suffering in their life and this book is a good resource to build perspective. Life is hard, in different ways, but we can all come together for encouragement found in God's word. If you find yourself suffering or are counseling someone this book is an encouragement and gift. Thank you to the authors for their contributions in this book!

This book was purchased for a friend who is struggling and I can see more joy in her face and words than she has had in a long time!

This book touches on basic life truths that we all need. I am savoring it day by day but will repeat it often both for my own life but also so I have the words when I need them as others cross my path. I appreciate the pages that allow me to record my take away as I read so I can reference the things that resonated with me most. This is a book for everyone.....not just those in current suffering.

I sent this a to My friend who is a bereaved Mom of an only child -- she told me today this book really helped her to know that others are living with pain - and that God is the only one who can help her --instead of HER trying to do it by herself. The sovereignty of God comes through very clearly she said. I was blessed to know that it helped her!

This devotional is such a wonderful resource of Biblical truth for a hurting heart. Whether your pain is physical, emotional or spiritual, this resource points you to the One who alone can bring comfort. I found myself saying, "Yes, this is exactly what I would write if I had the gift of words," while reading each page. I have already given it to two other people and recommended it to a few others.

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